



**McCormick County School District  
High School  
Lunch Menu  
January 2019**

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	
		<b>1</b>  <b>School Closed</b>	<b>3</b> <b>Chicken Fajita</b> or <b>Chef Salad w/Chicken &amp; Crackers</b> Brown Rice / Steamed Broccoli/ Carrots / Fresh Orange/ Apple Crisp / Milk	<b>4</b> <b>Hot Dog w/ Chili</b> or <b>Chef Salad w/ Ham &amp; Cheese &amp; Crackers/ Dinner Roll</b> Tater Tots / Cole Slaw Fresh Grapes / Mix Fruit Cup Milk	<b>5</b> <b>Turkey &amp; Cheese Sub Sandwich</b> or <b>Ham and Cheese Sub Sandwich</b> Romaine Lettuce / Sliced Tomato Pickles / Black bean and Corn Salad Fresh Pear/ Apricot Cup Milk	
	<b>8</b> <b>Chicken Penne w/Broccoli</b> or <b>Chef Salad w/Chicken Breadstick &amp; Crackers</b> Romaine Salad /Broccoli Spears Peach Cup /Fresh Grapes Bread Stick/Milk	<b>9</b> <b>Cheeseburger on Bun</b> or <b>Chef Salad w/Ham &amp; Cheese Crackers &amp; Dinner Roll</b> Romaine Lettuce / Sliced Tomato Pickles /Baked Sweet Potato Fries Mix Fruit Cup / Fresh Apple Milk	<b>10</b> <b>Assorted Pizza or Chef Salad w/Chicken Crackers</b> Side Salad / Cut Corn Fresh Strawberry Cup Pear Cup Milk	<b>11</b> <b>Hamburger Steak</b> or <b>Chef Salad w/Ham &amp; Cheese Dinner Roll /Crackers</b> Mashed Potatoes/Green Peas Rolls / Mandarin Orange Cup Fresh Banana / Milk	<b>12</b> <b>Corn Dog</b> Or <b>Chef Salad w/Turkey &amp; Crackers &amp; Oatmeal Cookie</b> Black-eyed Peas/ Corn on Cob Fresh Kiwi/ Mix Fruit Cup Oatmeal Raisin Cookie Milk	
<b>Variety of Milk Served Daily</b>	<b>14</b> Spaghetti and Meat Sauce or <b>Chef Salad w/Chicken Crackers &amp; Breadstick</b>  Green Beans/ Side Salad w/Romaine Lettuce Breadstick Fresh Kiwi Cup Pear Cup / Milk	<b>15</b> <b>Oven Fried Fish on Bun</b> or <b>BBQ Riblet on Bun</b>  Bake Beans/Cole Slaw/Sliced Tomato on Romaine lettuce Pineapple Cup/ Fresh Apple Milk	<b>16</b> <b>Chicken Strips or Chef Salad w/Chicken &amp; Breadstick/Crackers</b>  Sweet Potatoes/Broccoli Peach Cup/Fresh Strawberry Cup, Breadstick Milk	<b>17</b> <b>Beef Taco w/Chips</b> or <b>Chef Salad w/Ham &amp;Cheese &amp; Crackers</b> Shredded Lettuce / Diced Tomato / Shredded Cheese Mexican Corn/ Orange Wedges/Mixed Fruit Cup Milk	<b>18</b> <b>Chicken Pot Pie</b> or <b>Chef Salad w/Turkey &amp; Crackers/Breadstick</b> Romaine Salad /Mixed Vegetables Bread Stick Fresh Banana/Pear Cup Milk	
	<b>21</b> <b>Hamburger on Bun</b> or <b>Chef Salad w/Chicken&amp; Crackers</b> Romaine Lettuce/Sliced Tomato Pickles/Carrot & Cucumber w/Dip Baked Fries/Mix Fruit Cup Fresh Apple / Milk	<b>22</b> <b>Boneless Chicken Wings</b> or <b>Chef Salad w/Ham and Cheese Cornbread &amp; Crackers</b> Baked Sweet Potato/ Collard Greens/Cornbread / Pineapple Cup/ Fresh Grapes/ Milk	<b>23</b> <b>Pork Stir Fry</b> Or <b>Chicken Stir Fry</b> Rice Pilaf/Steam Cabbage Pinto Beans/Peach Cup Honeydew Melon, Yeast Roll / Milk	<b>24</b> <b>Meatball Sub Sandwich</b> or <b>Chef Salad w/Ham &amp; Cheese Crackers &amp; Dinner Roll</b> Tater Tots/Cole Slaw/ Fresh Orange Wedges/Apricot Cup Milk	<b>25</b> <b>Italian Combo Wrap</b> or <b>Chef Salad w/Turkey Yeast Roll &amp; Crackers</b> Sliced Potato Wedges/Mix Vegetable/ Fresh Pear/ Peach Cup/Milk	

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	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
	<b>28</b> Chicken on Wheat Bun or <b>Chef Salad w/Chicken &amp; Crackers</b> Romaine Lettuce/Sliced Tomato / Pickles /Roasted Potatoes Mixed Fruit Cup / Fresh Apple Milk	<b>29</b> Assorted Pizza or <b>Chef Salad w/Ham &amp; Cheese Crackers</b> Side Salad/Cut Corn Fresh Strawberries Cup Peach Crisp / Milk	<b>30</b> Baked Lasagna or <b>Chef Salad w/Chicken Yeast Roll &amp; Crackers</b> Broccoli Spears/Carrots Yeast Roll/Fresh Melons Pear Cup / Milk	<b>31</b> BBQ Pork on Bun or <b>Chef Salad w/Ham &amp; Cheese Dinner Roll &amp; Crackers</b> Pinto beans/Kale Fresh Melons/Apricot Cup Milk	<p style="color: red;"><b>This institution is an equal opportunity provider.</b></p> <p style="text-align: center;"><b>Menus are subject to change due to circumstance beyond our control</b></p>