



**McCormick County School District  
High School  
Breakfast Menu  
January 2019**

	Mon	Tue	Wed	Thu	Fri	
		<b>School Closed</b>	<b>2</b> Cream of Wheat Cereal and Blueberry Muffin Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>3</b> Grits and Bran Muffin Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>4</b> Waffles Or Cereal / Yogurt  Strawberry Cup or Fruit Juice or Milk	
	<b>7</b> Sausage Biscuit Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>8</b> Grits w/Cheese & Bran Muffin Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>9</b> Breakfast Pizza Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>10</b> Scrambled Egg and Banana Nut Muffin Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>11</b> Pancake on a Stick Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	
<b>Variety of Milk Served Daily</b>	<b>14</b> Waffles Or Cereal / Yogurt  Strawberry Cup or Fruit Juice or Milk	<b>15</b> Pancake on a Stick Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>16</b> Omelet and Toast Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>17</b> Sausage Biscuit Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>18</b> Pancakes with Strawberries Or Cereal / Yogurt  Strawberry Cup or Fruit Juice or Milk	
	<b>21</b> Hashbrown Potatoes Scrambled Egg/Toast Or Cereal/Yogurt  Fruit Cup or Fruit Juice or Milk	<b>22</b> Grits w/Scrambled Egg & Biscuit Or Ganola Bar / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>23</b> Breakfast Pizza Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>24</b> Steak Biscuit Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>25</b> Pancakes with Strawberries Or Cereal / Yogurt  Strawberry Cup or Fruit Juice or Milk	
	<b>28</b> Sausage Biscuit Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>29</b> Waffles Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>30</b> Grits and Sausage Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>31</b> Blueberry Muffin & Southern Style Grits Or Cereal / Yogurt  Fruit Cup or Fruit Juice or Milk	<b>This institution is an equal opportunity provider. Menus are subject to change due to circumstance beyond our control</b>	